

# **Post Covid Infection Control Guidelines By IDA Trivandrum Branch**



PRESIDENT

DR. THARUN V JACOB

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## **1.APPOINTMENT SCHEDULING**

- a) Ask patients to arrive on time for their appointments, rather than too early, since that will minimize the amount of time they spend in your waiting room or reception area.
- b) Next appointment should be scheduled giving ample time for the procedure to be performed for the previous patient.
- c) Schedule appointments to minimize possible contact with other patients in the waiting room



## **2. GENERAL INSTRUCTIONS**

- a) Discourage bystanders except for pediatric / special needs/elderly patients, etc.).
- b) Bystanders not allowed inside the operatory. (sign boards to be displayed).



### **3.Things To Be Done On Patient Arrival**

- a) Set the Triage Area at the entry point of the clinic or if not possible at the Reception area
- b) Hand soap/sanitizer should be kept in the reception and patients should be asked to sanitize their hand before entering the operating room.
- c) Tissue paper should be provided to dry their hands and should be disposed in a bin with lid.
- d) Covid Screening form has to be filled along with the regular registration form by the receptionist.
- e) Record temperature of the patient.
- f) All the suspected patients with fever and their accompanying persons should be provided with mask and to be referred to designated hospitals.

- g) Care must be taken to schedule the appointment of the suspected individual as the last patient of the day to prevent nosocomial infection.
- h) social distancing to be followed in the patient waiting area.
- i) Remove magazines, reading materials, toys , remotes and other objects that may be touched by others and which are not easily disinfected .
- j) Print and place signage in the dental office for instructing patients on standard recommendations for respiratory hygiene/cough etiquette and social distancing
- k) Disinfect pen after every use.





#### **4. During Treatment**

##### **Health care providers should ensure**

- a) Patients should be prevented from touching the door handles. Handles can be covered with an aluminium foil or cellophane paper which has to be removed after each patient.
- b) In case of more than one chair in the operatory, there should be minimum 6 foot distance between the chairs.
- c) Adequate personal protective equipments which is essential for the procedure to be performed.
- d) Proper sterilization and disinfection of the instruments, devices and all environmental surfaces.
- e) Use 1.5% hydrogen peroxide or 0.2% povidone as a preprocedural mouthrinse.
- f) Avoid the use of air conditioners particularly during aerosol producing procedures.

- g) Try to maintain proper ventilation either by using exhaust fan or other feasible methods.
- h) Try to use high volume suction.
- i) Minimize the use of 3 way syringe as this produce aerosols.
- j) Disinfect the handpieces and 3 way syringes using hypochlorite, ethanol etc.
- k) Avoid chin-bra posture while writing prescription as there is a chance of spread of infection .
- l) Disinfect the operatory after each patient.
- m) Clean the floor every 2 hours with 1% Bleaching Solution



### **5. After The Treatment**

- a) Try to leave the patient as soon as the procedure is completed.
- b) Try not to handle money with hand as money is a potential source of infection. Try asking the patients doing an online transfer. If POS machine is used wipe the buttons of the POS machine after the transaction.

### **6. Health care providers when going home**

- a) should change from scrubs to personal clothing before returning home. Upon arriving home, should take off shoes, remove and wash clothing and immediately shower..

# **REQUIREMENT CHART OF PPE ACCORDING TO PROCEDURE**

On Patient procedures /Area	Risk Category	Head cap	Gloves	N 95 Mask	Triple layered mask	Gown /Cover all	Goggles/Face shield	Shoe cover
Consultation	Low Risk	✓	✓	✗	✓	✗	✗	✗
Triage area/ Reception	Moderate risk	✗	✓	✗	✓	✗	✗	✗
Impression making for CD, RPD, Orthodontic Retainer	Moderate risk	✓	✓	✓	✗	✗	✗	✗
Extraction	Moderate risk	✓	✓	✓	✗	✓	✗	✗
Bleaching	Moderate risk	✓	✓	✓	✗	✓	✓	✗
Ortho Review Visits	Moderate risk	✓	✓	✓	✗	✗	✗	✗
Operculectomy, Frenectomy Alveoloplasty Crown Lengthening	Moderate risk	✓	✓	✓	✗	✓	✗	✗
Periodontal Flap Surgery	High Risk	✓	✓	✓	✗	✓	✗	✗
Impaction	High Risk	✓	✓	✓	✗	✓	✓	✓
Oral prophylaxis	High Risk	✓	✓	✓	✗	✓	✓	✓
Orthodontic Bonding	High Risk	✓	✓	✓	✗	✓	✓	✗
Ortho Debonding	High Risk	✓	✓	✓	✗	✓	✓	✓
Major oral surgical procedures	High Risk	✓	✓	✓	✗	✓	✓	✓
Root Canal Treatment	High Risk	✓	✓	✓	✗	✓	✓	✓
Crown preparation	High Risk	✓	✓	✓	✗	✓	✓	✓
Coronoplasty	High Risk	✓	✓	✓	✗	✓	✓	✗
Restorations	High Risk	✓	✓	✓	✗	✓	✓	✗
Denture Adjustments CD/RPD	High Risk	✓	✓	✓	✗	✓	✓	✗
Removable orthodontic / Myofunctional Appliance Adjustment	High Risk	✓	✓	✓	✗	✓	✓	✗
Crown Fixing	High Risk	✓	✓	✓	✗	✓	✓	✗
Finishing and Polishing Procedures	High Risk	✓	✓	✓	✗	✓	✓	✓



# POSTERS

## Cover Your Cough

1.



Cover your mouth and nose with a paper tissue when you cough or sneeze.



If you don't have a paper tissue, cough/sneeze into your upper sleeve.

2.

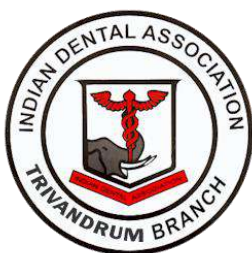


Dispose of the tissue in a waste bin after every use.

3.



Wash your hands with soap and water after coughing/sneezing.





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Indian Dental Association

IDA TRIVANDRUM BRANCH

## SOCIAL DISTANCING

MAINTAIN SOCIAL DISTANCE DURING THE COVID-19 PERIOD





## INDIAN DENTAL ASSOCIATION KERALA STATE

# Beware ! CORONA VIRUS !



### GENERAL PRECAUTIONS

- ▶ Always start with providing Patients a corona screening Questionnaire.
- ▶ Ask the patients to wash their hands , use tissue paper to dry their hands and sanitize their hand before entering the operatory.
- ▶ Dispose used tissue papers and mask in a basket with lid. Include temperature readings as part of your routine assessment of the patient prior to performing dental procedures.
- ▶ Patients with fever should be registered and referred to designated hospitals.
- ▶ Make sure the personal protective equipment you are using is appropriate for the procedures performed.
- ▶ Use high speed evacuation for all dental procedures producing an aerosol.
- ▶ Autoclave your handpieces after each patient.
- ▶ Clean and disinfect public areas frequently, including door handles, chairs, and bathrooms.
- ▶ Wear a surgical mask and eye protection with solid side shields or a face shield to protect mucous membranes of the eyes, nose, and mouth during procedures likely to generate splashing or pattering of blood or other body fluids
- ▶ Change masks between patients, or during patient treatment if the mask becomes wet.
- ▶ Ask patients to arrive on time for their appointments, rather than too early, since that will minimize the amount of time they spend in your waiting room or reception area
- ▶ Remove magazines, reading materials, toys and other objects that may be touched by others and which are not easily disinfected
- ▶ Schedule appointments to minimize possible contact with other patients in the waiting room
- ▶ Any staff member who has fever, cough, sneezing, or COVID-19– related symptoms or has a close family member who is confirmed with the infection is advised to undergo a medical examination in a designated hospital and cease working.
- ▶ Nonemergency dental practices should be postponed – at least 1 month for convalescing patients with SARS was practiced during its outbreak but the period of postponement for COVID 19 it is not yet established
- ▶ Suspected patients and their accompanying persons should be provided with medical masks and temperature measurement once they enter our hospital.
- ▶ Try Not to handle the money with hand as money is a potential source of infection. Try asking the patients doing an online transfer or UPI transfer. While using a POS machine try to wipe the buttons of the POS machine after each transaction.



For:  
**IDA KERALA STATE**  
Prepared by:  
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## INDIAN DENTAL ASSOCIATION KERALA STATE

### OTHER PRECAUTIONS

#### ORAL EXAMINATION

- ▶ Preoperative antimicrobial mouth rinse reduces the number of microbes in the oral cavity
- ▶ Procedures that are likely to induce coughing should be avoided (if possible) or performed cautiously
- ▶ Aerosol-generating procedures, such as the use of a 3-way syringe, should be minimized as much as possible.
- ▶ Intraoral x-ray examination can stimulate saliva secretion and coughing - extraoral dental radiographs, such as panoramic radiography and cone beam CT, are appropriate alternatives during the outbreak of COVID-19.



#### TREATMENT OF DENTAL EMERGENCIES

- ▶ Dental emergencies should be managed with rubber dams and high-volume saliva ejectors can help minimize aerosol or spatter in dental procedures
- ▶ Face shields and goggles are essential with use of high or low-speed drilling with water spray.
- ▶ Try to schedule the suspected individual as the last patient of the day to decrease the risk of nosocomial infection
- ▶ If the tooth needs to be extracted, absorbable suture is preferred.

#### SYMPTOMATIC IRREVERSIBLE PULPITIS

- ▶ Pulp exposure could be made with chemo-mechanical caries removal under rubber dam isolation and a high-volume saliva ejector after local anesthesia;
- ▶ Then, pulp devitalization can be performed to reduce the pain.
- ▶ The filling material can be replaced gently without a devitalizing agent later

#### MISCELLANEOUS

- ▶ Use tissue paper for drying the hands instead of towels.
- ▶ Ask patient to avoid touching the tooth with bare fingers

#### SYMPTOMS

#### PRECAUTIONS

Use mask

Wash hand

Avoid contact with people

Avoid agglomerations

For **IDA KERALA STATE** Prepared by **IDA TRIVANDRUM BRANCH**

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# കൊറോണയെതിരെ ജാഗ്രത!!

Covid-19 വൈറസ്  
രോഗബാധയെ  
പ്രതിരോധിക്കാൻ ചില  
മുൻകരുതലുകൾ



- നിങ്ങൾക്ക് പനി, ചുമ, തുമ്മൽ, തലവേദന തുടങ്ങിയ രോഗലക്ഷണങ്ങൾ ഉണ്ടെങ്കിൽ നിർബന്ധമായും ക്ലിനിക്കിലെ സ്റ്റാഫിനെയോ ഡോക്ടറെയോ അറിയിക്കുക.
- നിങ്ങൾ അടുത്ത ദിവസങ്ങളിൽ വിദേശയാത്ര ചെയ്യുകയോ വിദേശയാത്ര ചെയ്ത വ്യക്തികളുമായി സമ്പർക്കം പുലർത്തുകയോ ചെയ്തിട്ടുണ്ടെങ്കിൽ വിശദവിവരങ്ങൾ ആശുപത്രി അധികൃതരെ അറിയിക്കുക.
- ചുമ തുമ്മൽ മൂക്കൊലിപ്പ് എന്നിവയുള്ളവർ ഫേസ്-മാസ്ക് ധരിച്ച് മാത്രം റിസപ്ഷനിൽ ഇരിക്കുക. മാസ്ക് ഇല്ലാത്ത പക്ഷം സ്റ്റാഫിനോട് ആവശ്യപ്പെടുക.
- പനി, ചുമ, തുമ്മൽ തുടങ്ങിയ രോഗലക്ഷണങ്ങൾ ഉള്ളവർ അത്യാവശ്യമുള്ള ദന്തചികിത്സ മാത്രം തേടുകയും മറ്റു ചികിത്സകൾ ലക്ഷണങ്ങൾ കുറയുന്നതു വരെ മാറ്റിവെയ്ക്കുകയും ചെയ്യുക.
- ചുമയ്ക്കുമ്പോഴും തുമ്മുമ്പോഴും രൂവാല ഉപയോഗിച്ചോ അല്ലെങ്കിൽ കൈമടക്കിന്റെ മുകൾവശം ഉപയോഗിച്ചോ മൂക്കും വായും പൊത്തി പിടിക്കുക.
- കൈകൾ അണുവിമുക്തമാക്കാൻ സോപ്പും വെള്ളവും ഉപയോഗിച്ച് 20 സെക്കന്റേക്കിലും വൃത്തിയാക്കി കഴുകുക.
- മുഖം - കണ്ണ്, വായ, മൂക്ക് തുടങ്ങിയ ഭാഗങ്ങളിൽ സ്പർശിക്കുന്നത് പരമാവധി ഒഴിവാക്കുക.



പൊതുജന താല്പര്യർത്ഥം  
ഇന്ത്യൻ ഡെന്റൽ അസോസിയേഷൻ  
പ്രസിദ്ധീകരിക്കുന്നത്



# QUESTIONNAIRE





**INDIAN DENTAL ASSOCIATION  
TRIVANDRUM BRANCH**

**INFORMED CONSENT FORMAT FOR  
DENTAL TREATMENT DURING COVID 19 OUTBREAK**

സ്ഥലം / തീയതി :  
 രോഗിയുടെ പേര് :  
 വയസ്സ് / ലിംഗം :  
 മേൽവിലാസം :  
 തൊഴിൽ :  
 മൊബൈൽ നമ്പർ : ഇ മെയിൽ:

കോവിഡ് 19 ചോദ്യവലി	ഉണ്ട്	ഇല്ല
താങ്കൾക്ക് ദേഹം വേദന, പനി, ചുമ, തുമ്മൽ, തൊണ്ടവേദന, ശ്വാസതടസ്സം എന്നീ രോഗലക്ഷണങ്ങൾ ഉണ്ടോ?		
താങ്കളോ തങ്ങളുടെ കുടുംബാംഗങ്ങളോ കഴിഞ്ഞ മാസത്തിനുള്ളിൽ ഈ ബില്ലാ/സംസ്ഥാനം/രാജ്യം വിട്ട് പുറത്തു യാത്ര ചെയ്തിട്ടുണ്ടോ?		
താങ്കൾക്കോ താങ്കളുടെ കുടുംബാംഗങ്ങൾക്കോ ദേഹം വേദന, പനി, ചുമ, തുമ്മൽ, തൊണ്ടവേദന, ശ്വാസതടസ്സം എന്നീ രോഗലക്ഷണങ്ങൾ ഉണ്ടോ?		
ഒന്നാമത്തെ ചോദ്യത്തിനുള്ളിൽ അതെ എന്നാണെങ്കിൽ താങ്കൾ ഒരു ജനറൽ ഫിസീഷ്യനെ സന്ദർശിച്ചിട്ടുണ്ടോ?		
താങ്കൾക്ക് മറ്റെന്തെങ്കിലും ആരോഗ്യപ്രശ്നങ്ങൾ ഉണ്ടോ?		
താങ്കൾ കോവിഡ് 19 ബാധിത പ്രദേശത്തിൽ നിന്നോ അല്ലെങ്കിൽ കഴിഞ്ഞ ഒരു മാസത്തിൽ ഏതെങ്കിലും കോവിഡ് ബാധിത പ്രദേശം സന്ദർശിച്ചിട്ടുണ്ടോ?		
കോവിഡ് 19 ബാധിത വ്യക്തിയുമായി കഴിഞ്ഞ 14 ദിവസത്തിനുള്ളിൽ ഏതെങ്കിലും രീതിയിലുള്ള സമ്പർക്കം പുലർത്തിയിട്ടുണ്ടോ?		

**സമ്മതപത്രം**

..... എന്ന ഞാൻ ..... ക്ലിനിക്കിൽ അത്യാവശ്യ ദന്ത ചികിത്സയ്ക്കായി വന്നു. ഇവിടുത്തെ ദന്താരോഗ്യ വിദഗ്ദ്ധൻ എന്നെ ചികിത്സിക്കാനോ എന്നെ മറ്റ് ആശുപത്രിയിലേക്കോ റഫർ ചെയ്യുന്നോ ഉള്ള പൂർണ്ണാധികാരം ഉണ്ടെന്ന് ഞാൻ മനസ്സിലാക്കുന്നു. ഇത് കൂടാതെ ഞാൻ പ്രകടമായ ലക്ഷണങ്ങളില്ലാത്ത ഒരു കോവിഡ് 19 ഡാഹകനാകാനും, ഈ ക്ലിനിക്കിൽ സന്ദർശനത്തിന് ശേഷം ഉള്ള സമയങ്ങളിൽ കോവിഡ് 19 ബാധിത നാകാനുമുള്ള സാധ്യത പ്രസ്തുത സാഹചര്യത്തിൽ നിലനിൽക്കുന്നതിനാലും, അതിനു ഞാനോ എന്റെ കുടുംബവരോ ഈ ദന്താരോഗ്യ സ്ഥാപനത്തിലെ ഡോക്ടറെയോ സഹപ്രവർത്തകരെയോ കാരണക്കാരായി കാണുന്നതല്ല. മേൽ പറഞ്ഞ കാര്യങ്ങൾ എനിക്ക് മനസ്സിലാക്കുന്ന ഭാഷയിൽ എന്നോട് പറയുകയും വിശദീകരിക്കുകയും തൃപ്തികരമായ വിധം ബോധ്യപ്പെടുകയും ചെയ്യുന്നതായി ഞാൻ സ്വമനസ്സാലെ സമ്മതിക്കുന്നു. മേൽ പറഞ്ഞ കാര്യങ്ങൾ എന്റെ അറിവിനനുസരിച്ച് സത്യമാണെന്ന് ഞാൻ ഇതിനാൽ സാക്ഷ്യപ്പെടുത്തുന്നു.

രോഗിയുടെ ഒപ്പ് / വിരലടയാളം:

(പ്രായപൂർത്തിയാകാത്ത രോഗിയെങ്കിൽ)  
ക്ഷേമകർത്താവിന്റെ ഒപ്പ്:

രോഗിയുടെ കുടുംബത്തിലെ വ്യക്തിയുടെ ഒപ്പ്:

ദന്താരോഗ്യവിദഗ്ദ്ധന്റെ പേരും ഒപ്പും:

INDIAN DENTAL ASSOCIATION TRIVANDRUM BRANCH



**INDIAN DENTAL ASSOCIATION  
TRIVANDRUM BRANCH**

**INFORMED CONSENT FORMAT FOR  
DENTAL TREATMENT DURING COVID 19 OUTBREAK**

Date and Time :  
 Name of the Patient :  
 Age/Sex :  
 Address :  
 Occupation :  
 Mobile No : E-mail: \_\_\_\_\_

<b>Covid -19 Questionnaire</b>	<b>Yes</b>	<b>No</b>
Do you have any symptoms like fever, body pain, cough, sneezing, sore throat, difficulty in breathing?		
Have you or any of your cohabitants travelled outside state/country in the past one month?		
Any of your family members have history of fever, body pain, cough, sneezing, sore throat, Difficulty in breathing?		
Have you visited the general physician if your answer is yes for question 1?		
Do you have any medical issues (if yes mention the details)?		
Do you belong to Covid 19 sensitive area or have visited one such place in past one month?		
Have you come into contact with a patient with confirmed 2019-nCoV infection within the past 14 days?		

**DECLARATION**

I ..... have come to ..... Dental Clinic/Hospital for an emergency treatment. Dentist reserves right to TREAT /DEFER /REFER me accordingly. If I happen to be an asymptomatic carrier or an undiagnosed patient with covid19 disease, I suspect it may endanger Dentist and clinic staff. It is my Duty and responsibility to take appropriate precautions and follow the protocols prescribed by them. I also know and understand that I may already be an asymptomatic carrier/ undiagnosed COVID-19 positive patient/ may get infected due course of time after my visit to the dental clinic and I will not hold the doctors or the staff of the clinic responsible for any future diagnosis of COVID with me or my accompanying person. The above terms and conditions have been read by me / have been explained to me in my native language to my complete satisfaction. I agree to all terms and conditions mentioned above. I verify, confirm and agree to be held accountable, regarding the details given by me which I state are true to the best of my knowledge.

Patient's signature /Thumb Impression:

Parent/Guardian Signature (if minor):

Patients accompanying person's signature:

Name of the Dentist with Signature:

INDIAN DENTAL ASSOCIATION TRIVANDRUM BRANCH

# PREPARING DISINFECTANT SOLUTIONS

**High level disinfection (approximately 5000 ppm)**

Preparing a 1: 10 Household Bleach Solution:

- 62 ml ( 1/4 cup) household bleach + 562 ml ( 2 1/4 cups) water
  - 250 ml (1 cup) household bleach + 2250 ml (9 cups) water
- Recommended Uses:
- cleaning up a blood or body fluid spill
  - when directed by public health
  - for use on semi-critical medical and personal service instruments

**Intermediate - High level disinfection (approximately 1000 ppm)** Preparing a 1: 50 Household Bleach Solution:

- 20 ml ( 4 teaspoons) household bleach + 1000 ml (4 cups) water
- 100ml ( 7 tablespoons) household bleach + 5000 ml ( 20 cups) water

Recommended Uses:

- for use in washrooms, during outbreaks of respiratory diseases

**Intermediate level disinfection (approximately 500 ppm)** Preparing a 1: 100 Household Bleach Solution:

- 5 ml (1 teaspoons) household bleach + 500 ml (2 cups) water
- 62 ml ( 1/4 cup ) household bleach + 6138 ml ( 24 3/4 cups) water

Uses:

- for use on non-critical medical or personal service instrument

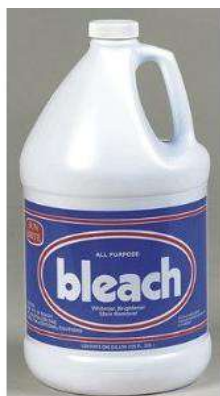
**Low level disinfection (approximately 100 ppm)**

Preparing a 1: 500 Household Bleach Solution:

- 1ml ( 1/4 teaspoons) household bleach to 500ml (2 cups) water
- 20 ml (4 teaspoons) household bleach to 10 L (40 cups or approx. 2 gallons)

Recommended Uses:

- Safe level for toys, dishes and utensils and food contact surfaces



**1%Hydrogen Peroxide**

100 ml 6% Hydrogen Peroxide + 600 ml water

**0.2% Povidone Iodine Solution**

100 ml 10% Betadine + 5ltr Water

# Recommended Methods of Decontamination for Dental Items

Item	Recommended Method	Alternative Method
Amalgam/composite carriers	Wipe with 70% ethyl alcohol	
Articulators	Wipe with 70% ethyl alcohol	
Attachments dental units	Wipe with 2% glutaraldehyde, rinse	Wipe with 70% alcohol
Bracket tables	Wipe with 70% ethyl alcohol	
	If there is visible blood or pus, clean and disinfect with 0.5% sodium hypochlorite, rinse	
Burs – diamond	Clean with metallic brush and detergent, autoclave	
Burs - steel tungsten-carbide	Clean with metallic brush and detergent, rinse, dry and dry heat	Clean with metallic brush and detergent, rinse, dry and immerse in 2% glutaraldehyde for 10 hours, rinse
Dental chairs	Clean with detergent and water	
	If there is visible blood or pus, clean and disinfect with 0.5% sodium hypochlorite or 2% glutaraldehyde, rinse	
Dental mirrors	Clean with detergent and water, autoclave, store in covered pack or container	



Item	Recommended Method	Alternative Method
Denture	Clean with detergent and water  If contaminated with blood, immerse in 0.1% sodium hypochlorite for 10 mins. and rinse	
Extraction Forceps	Clean with detergent and water, autoclave, store in covered pack or container	
Gloves	Disposable	
Handpieces Air motor for slow speed handpieces	Flush for 30 sec., Clean with detergent and water, oil, and autoclave	Flush for 30 sec., Clean with detergent and water, oil, surrounding the handpiece by a gauze pad soaked in 2% glutaraldehyde for 10 mins., rinse with water
Impressions – Alginate : (plastic trays)  Zinc-oxide eugenol paste :  Alginate : (metallic trays)  Rubber base :	Rinse, get rid of excess water, spray with 0.1% sodium hypochlorite, put in closed container for 10 mins.  “  Rinse, get rid of excess water, spray with 2% glutaraldehyde, put in closed container for 10 mins.  Rinse, immerse in 2% glutaraldehyde for 10 mins., rinse	
Injection needles for local anaesthetic	Disposable	



Item	Recommended Method	Alternative Method
Instrument trays	Clean with detergent and water, autoclave	
Orthodontic bands	Clean with detergent and water, autoclave	
Orthodontic pliers	Clean with detergent and water, autoclave	
Polishing stones	Clean with detergent and water, autoclave	
Prophylactic cups and brushes	Disposable	Clean with detergent and water autoclave
Protective, plastic glasses and shields	Wipe with 0.1% sodium hypochlorite	
Root canal instruments	Clean with detergent and water, autoclave, store in covered container	
Rubber dam clamps	Clean with detergent and water, autoclave	
Rubber dam forceps	Clean and autoclave	Clean, immerse in 2% glutaraldehyde for 10 mins. rinse
Rubber dam punches	Clean with detergent and water	
Saliva ejectors	Disposable	
Saliva ejectors, metallic	Clean with detergent and water, and autoclave	
Scalpel blades	Disposable	

Stainless steel cups	Clean with detergent and water, autoclave	
Stainless steel instruments	Clean with detergent and water, autoclave, store in covered pack or container	Dry heat
Suction tips	Clean with detergent and water, autoclave	
Suction tube adaptors	Wipe with 70% alcohol after each use. Autoclave weekly	
Surgical instruments	Clean with detergent and water, autoclave, store in covered pack or container	Dry heat
Syringe – local anaesthetic	Clean with detergent and water, autoclave, store in covered pack or container	Dry heat
Syringe tips – detachable 3-way	Clean with detergent and water, autoclave	
Ultrasonic scaler tips and inserts	Clean with detergent and water, autoclave, store in covered pack or container	
Wax bite block, wafer	Rinse, immerse in 0.1% sodium hypochlorite for 10 mins., rinse	
X-ray films : (with disposable plastic cover)	Dispose the cover and change gloves	Remove plastic packet and drop the film with non-touch technique in red light. Change gloves before processing
(without disposable plastic cover)	Immerse in 0.1% sodium hypochlorite for 2 mins., rinse	

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